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| **L3 OCR Sport Unit 18**  **Practical skills in sport and physical activities** | **Unit Navigator** | | | |
| In this unit you will investigate organisation and development of sport. The aims are as follows:  **LG1**: Knowledge  **LG2**: Application  **LG3**: Skills | | | | |
| Assessment Grades |  | | | |
| **Lesson Title.** | **Learning Goals/Outcomes/Content** |  |  |  |
| 1.   **Intro to Unit 18** | LG1 – To know the difference between skills, techniques and tactics  LG2 - To be able apply knowledge to select appropriate sports, skills and tactics for A1 + A2 |  |  |  |
| **2-7.**  **Filming for sport 1** | LG3 – To skilfully prepare videos for sport 1 |  |  |  |
| 8-9.  **Editing the videos for sport 1** | LG1 - To know how to edit the videos for sport 1 |  |  |  |
| **10-12.**  **A1 + A2 written assignment** | LG1 – To know how to construct the written report for A1+A2  LG2 - To be able to apply knowledge to complete the written report for A1+A2 (sport 1) |  |  |  |
| **13-18.**  **Filming for sport 2** | LG3 – To skilfully prepare videos for sport 2 |  |  |  |
| **19-20.**  **Editing the videos for sport 2** | LG1 - To apply knowledge to be able to edit the videos for sport 2 |  |  |  |
| **21-23.**  **A1 + A2 written assignment** | LG2 - To be able apply knowledge to complete the written report for A1+A2 (sport 2) |  |  |  |
| **24.**  **Officiating in sport** | LG1 – To know the different roles and responsibilities of officials in sport |  |  |  |
| **25.**  **Roles and responsibilities of officials in sport** | LG1 – To know the roles and responsibilities of officials in a chosen sport or physical activity |  |  |  |
| **26-28.**  **Roles and responsibilities of officials in sport…** | LG2 – To apply knowledge to write up the roles and responsibilities of officials in a chosen sport or physical activity |  |  |  |
| **29.**  **Planning to officiate** | LG2 - To apply knowledge to plan for officiating within a chosen sport or physical activity |  |  |  |
| **30-31.**  **Officiating** | LG3 – To skilfully carry out some officiating within a chosen sport or physical activity |  |  |  |
| **32-34.**  **How to justify officiating** | LG1 - To know how to justify decisions made as an official and how positioning supported the accurate and appropriate application of rules and regulations |  |  |  |
| **35.**  **Intro to OAA** | LG1 - To know how to apply skills and knowledge in Outdoor Adventurous Activities (OAA) |  |  |  |
| **36-40.**  **Safety in rock climbing** | LG2 – To apply knowledge of rock climbing to demonstrate understanding of the safety preparations involved |  |  |  |
| **41.**  **Rock climbing day** | LG3 - To be able to skilfully complete a full day’s rock climbing |  |  |  |
| **42.**  **Edit rock climbing videos** | LG1 – To know how to edit and construct the final A4 video |  |  |  |

**Links:**

LG1: Basic knowledge of how to play sports build on the sports coaching unit from Y12

LG2: Application is a vital skill at Level 3 OCR, but also in understanding how sport performance can be improved

LG3: Analysis skills are crucial for pupils to be able to identify errors and learn from mistake to ensure a strong grade