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| **Year 8 Unit 2**  | **Road Map** |
| In this unit you will investigate ways to keep yourself and others safe.**LG1**: Knowledge**LG2**: Application**LG3**: Skills | Assessment Grades |  |  |
| Pre topic assessment score |  |
| Post topic assessment score |  |
| **Themes** | **Learning Goals/Outcomes/Content** | R | A | G |
| Why must we be so careful with alcohol? | LG1: Describe some negative effects of excessive alcohol drinking.LG2: Explain how excessive alcohol drinking can damage the body.LG3: Analyse why people continue to drink alcohol excessively, despite having knowledge of the risks. |  |  |  |
| Binge drinking – what is it and is it really that bad for you?  | LG1: Describe the effects of binge drinking on the body and both the long and short term consequences.LG2: Explain how binge drinking effects different organs in the long and short term and the best way we could discourage young people from binge drinking.LG3: Analyse why people still binge drink despite knowing the consequences and why government attempts to curb binge drinking have failed so far. |  |  |  |
| What do we need to know about personal safety and first aid? | LG1: Correctly identify ways we improve our levels of personal safety and what to do in different types of medical emergency.LG2: Describe in detail ways we can help in medical emergencies and different methods of improving personal safety.LG3: Demonstrate accurately new first aid skills as well as analysing the best way of minimising risk to ourselves in dangerous situations |  |  |  |
| What is CPR? How do we perform this and find sources of life-saving help? | LG1: Correctly identify and describe the order of the CPR steps. Identify what a defibrillator is and how to use one.LG2: Describe in detail the order of the CPR steps and how to use a defibrillator. Mime accurately the CPR steps on an invisible partner or a dummy.LG3: Explain the importance of each of the CPR steps. Be able to describe the steps correctly, in order, without prompting as demonstrated on an invisible partner or a dummy. |  |  |  |