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| **Year 11 Unit 3** | **Road Map** |
| In this unit you will investigate relationship and sex education. The aims are as follows:**LG1**: Knowledge**LG2**: Application**LG3**: Skills | Assessment Grades |  |  |
| Pre topic assessment |  |
| Post topic assessment |  |
| **Themes** | **Learning Goals/Outcomes/Content** | R | A | G |
| What is body shaming, is it bullying and why do people do this? | LG1: Correctly identify cases of body shaming, the different types and the hurt this can cause.LG2: Describe the consequences of body shaming, how it affects self-esteem and why people do this.LG3: Explain how we can make people feel better about their bodies, using notable or famous examples and role models. |  |  |  |
| How can we manage break-ups amicably and get over a broken heart? | LG1: Correctly identify how we can help our friends and ourselves to mend a broken heart after a break-up.LG2: Describe the best ways we can help distract our friends and ourselves from grief and help manage emotions.LG3: Explain the meaning of new key terminology and use these phrases articulately in the correct context to communicate key messages to others. |  |  |  |
| What is good sex? | LG1: Correctly identify what makes good, safe, healthy sex.LG2: Describe the factors we need to consider to enjoy a healthy sex life, what is normal and healthy and why.LG3: Explain articulately how the case studies can manage healthy and fulfilling sex lives using new terminology in the correct context. |  |  |  |

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