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| **Sixth Form Unit 9** | **Road Map** | | | | | |
| In this unit you will investigate the importance of hard work and the risks of a ‘quick fix’  **LG1**: Knowledge  **LG2**: Application  **LG3**: Skills | Assessment Grades |  |  | | | |
| Pre topic assessment | |  | | | |
| Post topic assessment | |  | | | |
| **Themes** | **Learning Goals/Outcomes/Content** | | | R | A | G |
| What are the risks of cosmetic and surgical enhancements? | LG1: Correctly identify the most popular types of cosmetic procedures for males and females and the risks they carry.  LG2: Describe in detail the risks cosmetic and surgical procedures carry, why they are popular despite this and why some procedures can be beneficial and life-changing for people.  LG3: Explain the risks in detail and analyse whether on the whole cosmetic and surgical enhancements are beneficial or detrimental to our society. | | |  |  |  |
| Healthy Diets: BMI, obesity, food pyramids and eating well | LG1: Describe how we can eat well and monitor our weight to maintain a healthy BMI. Create our own food monitoring chart to assess our over or under-eating of different food groups.  LG2: Explain why we need to monitor our food intake and the different ways we can maintain a healthy weight and diet.  LG3: Explain why we are suffering an obesity epidemic and what we can do at a personal and national level to help combat this. | | |  |  |  |
| Careers and skills for life: motivation and work ethic | LG1: Identify what motivation is and how we can show it. Identify how we can motivate ourselves and improve our work ethics.  LG2: Describe different ways of using motivation. Describe what we can do to stay motivated and working hard and what this looks like in practice.  LG3: Explain how we can improve our levels of motivation and evaluate which employability skills relate to motivation and work ethic as well as why these are so important to potential employers. | | |  |  |  |

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