**FOOTBALL**

**Part 1 – Skills (10 Marks)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Mark**  | **Passing and Control** | **Dribbling/moving with the ball** | **Shooting** | **Heading** | **Defending and Tackling** |
| **9-10** | I can use varied passes accurately and consistently, using no more than three touches to control the ball and then pass to a target/person whilst under pressure. I am able to pass the ball using different techniques e.g swerving the ball. | I can dribble around a set course using different paces, keeping control of the ball at all times, demonstrating a variety of turns using both feet and different parts of the body e.g body feint  | I can hit the target consistently and accurately. Hitting targets in different areas of the goal from varied distances. I can use different parts of my foot to shoot and consistently hit the target when under pressure from a defender. | I can consistently and accurately hit a target / zone marked in a goal from an attacking header, when a goalkeeper is in the goal or under pressure from a defender. | I am able to demonstrate consistently and safely how to perform the slide tackle, block tackle and jockeying in a drill situation with an opponent in possession of the football. I can explain the benefits for each type of tackle and explain when to use them in a practical situation.  |
| **7-8** | I can accurately and consistently pass the ball over a long distance (20m).  | I can move with the ball at a quick pace around a set course keeping control of the ball at all times using both feet. I can demonstrate a variety of turns using both feet. | I can hit the goal from inside and outside of the penalty area when under pressure from a goalkeeper. I consistently hit named areas of the goal scoring past a goal keeper in a drill situation.  | I can consistently head the ball to a partner, over a variety of distances.I can accurately demonstrate attacking and defensive headers with the ball delivered by foot in a drill situation. | I can explain the benefits for each type of tackle and explain when to use them in a practical situation.  |
| **5-6** | I can accurately and consistently pass the ball over a medium distance (10m), using different parts of my foot using no more than two touches. | I can dribble with the ball at jogging pace using both feet to keep control of the ball. I sometimes lose control of the ball. I am able to use the inside and outside of my feet to dribble the ball and can turn with ball using a variety of techniques | I can shoot at a target hitting a name area of the goal. I consistently hit the target when under pressure from a goalkeeper. I attempt shots from outside of the penalty area but they can sometime lack power and miss the target. | I am able to header the ball towards a partner but they sometimes lack power and fail to make it to the target when the ball is fed from a partners hands. | I am able to demonstrate the block tackle and how to jockey an opponent who is moving with a football and a slow pace.  |
| **3-4** | I can control a ball passed to me and pass the ball back to a person/target over a short distance using no more than 3 touches.  | I am able to dribble the football at a jogging pace, keeping the ball close under control consistently. I can use both feet to keep control of the football. | I am able to hit the target consistently when shooting but lack power and accuracy at specific areas of the goal.  | I can demonstrate how to header the ball using the key techniques for both defensive and attacking headers when fed by a static feeder. I regularly fail to get the ball to the target. | I can demonstrate how to jockey an opponent who is moving with a ball using the correct techniques in a controlled drill situation. |
| **1-2** | I am able to pass the ball using the inside of my foot over a short distance to another person/target. | I can dribble the ball around a course using the inside of my foot only to keep control of the football. I am able to do basic turns with the ball. | I can explain the different techniques how to strike the ball when shooting. I can hit the target 3/5 times | I can explain the different types of heading and the techniques and reasons for them. | I can explain the different types of tackling and identify the key techniques for each. Slide tackle, block tackle and jockeying.  |

**Part 2 –Game Situation (15 Marks)**

|  |  |
| --- | --- |
| **13-15** | TACTICS: I can show a high level of successful and effective tactical and strategic decisions, almost always relevant to the position I am playing. CONTRIBUTION: My contribution is highly effective and I sustain this for almost all of the game. TECHNIQUE & ACCURACY: I show high level of technique and accuracy for all skills consistently when in set play and in open. APPLICATION OF SKILL: I select the appropriate stills. OPPONENTS: I am usually successful in outwitting my opponent and I am hardly ever outwitted. |
| **10-12** | TACTICS: I can make successful and effective tactical and strategic decisions usually relevant to the position I am playing. I have minor tactical lapses. CONTRIBUTION: My contribution is usually effective and I sustain for the majority of the game. TECHNIQUE & ACCURACY: I show technique and accuracy for all skills when in set play and in open. APPLICATION OF SKILL: I usually select the appropriate stills, there may be some lapses. OPPONENTS: I can often outwit my opponent and I am only occasionally outwitted. |
| **7-9** | TACTICS: I can make successful and effective tactical and strategic decisions and but I still have some tactical weaknesses and occasionally my tactics aren’t relevant to the position I am playing. CONTRIBUTION: My contribution is sometimes effective and I don’t sustain it throughout, sometimes I am uninvolved. TECHNIQUE & ACCURACY: I show technique and accuracy for most skills when in set play and in open play but it is not always consistent. APPLICATION OF SKILL: I select the appropriate stills most of the time. OPPONENTS: I can sometimes outwit my opponent, even with obvious areas of weakness and I am sometimes outwitted. |
| **4-6** | TACTICS: I show limited ability to make tactical and strategic decisions and they are rarely relevant to the position of my opponents. CONTRIBUTION: I contribute infrequently and they are only occasionally effective or significant. TECHNIQUE & ACCURACY: I show some technique and accuracy for some skills when in set play and open play but I still have obvious weaknesses and inconsistencies. APPLICATION OF SKILL: I occasionally select the correct skill. OPPONENTS: I occasionally outwit my opponent and I am often outwitted. |
| **1-3** | TACTICS: I show some ability to make tactical and strategic decisions and there are weakness in their relevance to the position I am playing. CONTRIBUTION I contribute on rare occasions and it is ineffective or insignificant. TECHNIQUE & ACCURACY: my technique and accuracy is limited to a few skills when in set play and open play. APPLICATION OF SKILL: I rarely select the correct skill. OPPONENTS: I rarely outwit my opponent and I am usually outwitted.  |